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SSBC Bulletin

October 2023



BC Team Meetup @ Hyatt Regency Toronto

Wed Oct 11, 2023 @ 5:30-7pm

World Stroke Congress



SSBC will be hosting a BC Team Meetup for those attending the conference. Please join us!

- Wed Oct 11th at 5:30pm - 7:00pm
- Mix Bistro Bar - Hyatt Regency Toronto, 370 King St W

Not able to be there in person? Virtual attendance is available!

- Pre-registration and ticket required
- Debates will have an interactive voting feature through the Congress App
- Q&A Component available through the Congress App called "Ask the Speaker."

[Check out the extensive online program here](#)

Health Quality BC

Upcoming Learning Opportunities



Quality Café: How Human Factors Principles Impact Health Care Systems

- Human factors is about designing tasks, processes, environments and systems to help derive optimal human performance. Join us to learn about human factors principles for improving quality and safety in the design of tools, machines, systems, tasks, jobs, and environments for safe, comfortable, and effective human use.
- Session is online, Oct 18, 2023 @ 12:00pm - 1:00pm

Fundamentals for Quality Improvement Workshop

- The capability to lead improvement is vital to advancing quality in the health care system. This workshop introduces health care professionals to foundational quality improvement principles and practices required to lead, implement, and sustain quality initiatives within their organization.
- 2 day session is online, Nov 1 & Nov 2, 2023 @ 9:00am-1:00pm

[Register](#) and check out HQBC's full events calendar [here](#).

The Gap Analysis Survey

Studying Rural Health Issues



The UBC Centre for Rural Health Research (CRHR) and BC Rural Health Network (BCRHN) are running a survey called Closing the Gap. They want to create solutions for rural health issues that reflect the needs of the people they're serving.

Closing the Gap plans to address these shortcomings by investigating the role rural communities play in healthcare policy-making. They will also look at where there are currently disconnects in that process and then develop strategies to promote more effective engagement.

The survey can be found on the [UBC Survey website](#).

Ask An Expert Webinar



Date: Monday, October 30, 2023

Time: 10am - 11am

Topic: Muscle function and pain management post stroke.

Bio: Dr. Paul Winston is a physiatrist and conducts research on spasticity, spinal cord and nerve injury and Complex Regional Pain Syndrome through the Victoria Peripheral Nerve and Spasticity Clinic.

To learn more and register, [click here](#).

Putting Patients First 2023 Conference

October 24, 2023 Vancouver



This year's theme for Putting Patients First 2023 is "Changing landscapes and learning together for sustainable patient-oriented research." The event aims to help build a provincial care system with patients and families at the center.

There is no cost to attend.

- October 24, 2023
8:00 a.m. – 5:00 p.m.
Pinnacle Hotel Harbourfront, Vancouver
- Hybrid event

- Register by October 16th.

[Click here to register and to see the full schedule.](#)



What is new in stroke research?

[Exposure to Air Pollution Linked to Increased Risk of Stroke Within 5 Days](#)

Previous research has established a connection between long-term exposure to air pollution and an increased risk of stroke. This study, revealed that short-term exposure (within five days) to air pollution also has significant correlations with both stroke onset and related fatalities.

[Reproductive Lifespan Linked to Cerebrovascular Disease Risk](#)

Women with more prolonged exposure to endogenous hormones show relatively smaller burden of cerebral small vessel disease independent of history of oral contraceptive use or hormone replacement therapy.



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